

Every marriage has its "moments." That's why marriage needs moments of encouragement and refreshment. *Marriage Moments* are short, weekly videos highlighting one biblical marriage thought accompanied by a discussion question or two.

To view the first segment in this series, click on this link: https://vimeo.com/449294409

After the short video, answer these questions with your spouse:

- 1. What are the things which prevent each of you from realizing how important you are?
- 2. What is one thing each of you can do to help your spouse remember how important they are in God's eyes?

Healthy congregations need healthy homes. And healthy homes benefit when couples hear what God has to say about their marriages. Whether a marriage is great or struggling, may God use His Word to bless it.